

CONDENSED CONSOLIDATED INTERIM FINANCIAL STATEMENTS

FOR THE THREE MONTHS ENDED JUNE 30, 2020 and 2019

(Expressed in Canadian Dollars)

(Unaudited)

Notice to Reader

In accordance with subsection 4.3(3) of National Instrument 51-102, management of the Company advises that the Company's auditors have not performed a review of these interim financial statements.

Condensed Consolidated Interim Statements of Financial Position

(Unaudited - Expressed in Canadian Dollars)

	Note		June 30, 2020		March 31, 2020
ASSETS					
Current assets					
Cash	3	\$	22,645	\$	249,183
Amounts receivable and other assets	5		60,398		83,378
Marketable securities			16,892		18,356
			99,935		350,917
Non-current assets					
Restricted cash	4		178,401		178,143
Total assets		\$	278,336	\$	529,060
LIABILITIES AND SHAREHOLDERS' EQUITY					
Current liabilities					
Accounts payable and accrued liabilities	7	\$	97,327	\$	100,075
Balance due to a related party	10		840,868		591,979
Director's loan	8		300,000		300,000
			1,238,195		992,054
Non-current liabilities					
Director's loan	8		525,039		512,119
Total liabilities			1,763,234		1,504,173
Shareholders' equity					
Share capital	9		64,341,556		64,341,556
Reserves	9		5,636,908		5,631,897
Accumulated deficit	9		(71,463,362)		(70,948,566)
recumulated deficit			(1,484,898)		(975,113)
Total liabilities and shareholders' equity		\$	278 226	\$	529,060
total habilities and snareholders' equity		<u></u>	278,336	<u></u>	529,06

Nature of operations and going concern (note 1)

The accompanying notes are an integral part of these condensed consolidated interim financial statements.

/s/ Robert A. Dickinson /s/ Scott D. Cousens

Robert A. Dickinson Scott D. Cousens
Director Director

Condensed Consolidated Interim Statements of Loss

(Unaudited - Expressed in Canadian Dollars, except for weighted average number of common shares)

		Three months	ed June 30,	
	Note	2020		2019
Expenses	10,11			
Exploration and evaluation	,	\$ 344,091	\$	311,551
Assays and analysis	Γ	67,766		5,614
Equipment rental		_		4,350
Geological, including geophysical		226,673		198,313
Property acquisition and assessments costs		198		21,268
Site activities		29,591		8,889
Socioeconomic		19,863		66,486
Travel and accommodation		<u> </u>		6,631
Administration		119,571		182,843
Legal, accounting and audit	Г	3,767	1	18,597
Office and administration	11(b)	101,554		126,273
Shareholder communication	11(0)	8,113		22,629
Travel and accommodation		5,008		10,362
Trust and regulatory		1,129		4,982
Trust and regulatory	L	1,127	l I	1,502
Equity-settled share-based compensation		6,476		_
		470,138		494,394
Other items				
Finance income	_	(674)		(1,728)
Interest expense – director's loans	8	32,411		22,438
Transaction cost – director's loans	8	12,920		38,174
Foreign exchange loss		1		40
Net loss		\$ 514,796	\$	553,318
Basic and diluted loss per common share		\$ 0.00	\$	0.00
Weighted average number of common shares outstanding		175,602,894		170,602,894

Condensed Consolidated Interim Statements of Comprehensive Loss

(Unaudited - Expressed in Canadian Dollars)

	Т	Three months ended June 30,					
		2020		2019			
Net loss	\$	514,796	\$	553,318			
Other comprehensive loss:							
Items that will not be reclassified subsequently to profit and loss:							
Revaluation of marketable securities		1,465		5,497			
Total other comprehensive loss		1,465		5,497			
Comprehensive loss	\$	516,261	\$	558,815			

Condensed Consolidated Interim Statements of Changes in (Deficiency) Equity

(Unaudited - Expressed in Canadian Dollars, except for share information)

	Share o	capital		Reserves			
	Number of shares	Amount	Share-based payments reserve	Investment revaluation reserve	Share warrants reserve	Deficit	Total
Balance at April 1, 2019	170,602,894	\$ 64,041,556	\$ 2,202,640	\$ 19,519	\$ 2,882,923	\$ (69,689,556) \$	(542,918)
Net loss for the period	_	_	_	_	_	(553,318)	(553,318)
Other comprehensive loss for the period	_	_	_	(5,497)	_	_	(5,497)
Total comprehensive loss	_	_	_	(5,497)	_	(553,318)	(558,815)
Gain on disposition of equity investments							
at FVTOCI	-	-	_	(5,455)	_	5,455	
Balance at June 30, 2019	170,602,894	\$ 64,041,556	\$ 2,202,640	\$ 14,022	\$ 2,882,923	\$ (70,242,874) \$	(1,101,733)
Balance at April 1, 2020	175,602,894	\$ 64,341,556	\$ 2,244,764	\$ 13,761	\$ 3,373,372	\$ (70,948,566)	(975,113)
Net loss for the period	_	_	_	_	-	(514,796)	(514,796)
Other comprehensive loss for the period	_	-	_	(1,465)	_	-	(1,465)
Total comprehensive loss	_	-	_	(1,465)	_	(514,796)	(516,261)
Equity-settled share-based compensation			6,476				6,476
Balance at June 30, 2020	175,602,894	\$ 64,341,556	\$ 2,251,240	\$ 12,296	\$ 3,373,372	\$ (71,463,362)	(1,484,898)

Condensed Consolidated Interim Statements of Cash Flows

(Unaudited - Expressed in Canadian Dollars)

		T	hree months	ende	nded June 30,		
	Note		2020		2019		
Operating activities							
Loss for the period		\$	(514,796)	\$	(553,318)		
Adjustments for:		4	(011), 50)	*	(000,010)		
Equity-settled share-based compensation			6,476		_		
Finance income			_		(1,728)		
Interest expense – director's loans	8		32,411		22,438		
Transaction cost – director's loans	8		12,920		38,174		
Changes in working capital items							
Amounts receivable and other assets			22,980		271,848		
Restricted cash			(258)		_		
Accounts payable and accrued liabilities			(2,749)		24,082		
Balance due to a related party			216,478		8,727		
Net cash (used in) provided by operating activities			(226,538)		(189,777)		
Investing activities							
Proceeds from disposition of marketable securities			_		5,455		
Interest received			_		1,728		
Net cash provided by investing activities			_		7,183		
Financing activities							
Interest paid on director's loans	8		_		(22,192)		
Net cash (used in) financing activities			_		(22,192)		
Net (decrease) increase in cash			(226,538)		(204,786)		
Cash, beginning balance			249,183		282,996		
Cash, ending balance	3	\$	22,645	\$	78,210		

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019 (Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

1. NATURE OF OPERATIONS AND GOING CONCERN

Amarc Resources Ltd. ("Amarc" or the "Company") is a company incorporated under the laws of the Province of British Columbia ("BC"). Its principal business activity is the acquisition and exploration of mineral properties. The Company's mineral property interests are located in BC. The address of the Company's corporate office is 15th Floor, 1040 West Georgia Street, Vancouver, BC, Canada V6E 4H1.

The Company is in the process of exploring its mineral property interests and has not yet determined whether its mineral property interests contain economically recoverable mineral reserves. The Company's continuing operations are entirely dependent upon the existence of economically recoverable mineral reserves, the ability of the Company to obtain the necessary financing to continue the exploration and development of its mineral property interests and to obtain the permits necessary to mine, and the future profitable production from its mineral property interest or proceeds from the disposition of its mineral property interests.

These condensed consolidated interim financial statements as at and for the three months ended June 30, 2020 (the "Financial Statements") have been prepared on a going concern basis, which contemplates the realization of assets and the discharge of liabilities in the normal course of business for the foreseeable future. As at June 30, 2020, the Company had cash of \$22,645, a working capital deficit of \$1,138,260, and a shareholders' deficiency of \$71,463,362.

The Company will need to seek additional financing to meet its exploration and development objectives. The Company has a reasonable expectation that additional funds will be available when necessary to meet ongoing exploration and development costs. However, there can be no assurance that the Company will continue to be able to obtain additional financial resources or will achieve profitability or positive cash flows. If the Company is unable to obtain adequate additional financing, the Company will be required to re-evaluate its planned expenditures until additional funding can be raised through financing activities. These factors indicate the existence of a material uncertainty that casts significant doubt about the Company's ability to continue as a going concern.

These Financial Statements do not include any adjustments to the recoverability and classification of recorded asset amounts and classification of liabilities that may be necessary should the Company be unable to continue as a going concern.

2. SIGNIFICANT ACCOUNTING POLICIES

The principal accounting policies applied in the preparation of these Financial Statements are described below. These policies have been consistently applied for all years presented, unless otherwise stated.

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019 (Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

(a) Statement of compliance

These Financial Statements have been prepared in accordance with IAS 34, Interim Financial Reporting ("IAS 34"), as issued by the International Accounting Standards Board ("IASB") and the interpretations by the IFRS Interpretation Committee ("IFRIC"). These Financial Statements do not include all of the information and footnotes required by International Financial Reporting Standards ("IFRS") for complete financial statements for year-end reporting purposes. These Financial Statements should be read in conjunction with the Company's consolidated financial statements as at and for the year ended March 31, 2020. Results for the reporting period ended June 30, 2020 are not necessarily indicative of future results. The accounting policies and methods of computation applied by the Company in these Financial Statements are the same as those applied by the Company in its more recent annual financial statements, which are filed under the Company's provide on SEDAR at www.sedar.com.

The Audit Committee of the Company's Board of Directors authorized these Financial Statements for issuance on August 28, 2020.

(b) Basis of presentation and consolidation

These Financial Statements have been prepared on a historical cost basis, except for certain financial instruments classified as fair value through other comprehensive income, which are reported at fair value. In addition, these Financial Statements have been prepared using the accrual basis of accounting, except for cash flow information.

These Financial Statements include the financial statements of the Company and its wholly-owned subsidiary, 1130346 B.C. Ltd. (the "Subco"), incorporated under the laws of BC. The Subco was incorporated for the purposes of entering into an option agreement related to the JOY Project. As at June 30, 2020 and 2019, the Subco did not have any assets, liabilities, income or expenses. Intercompany balances and transactions are eliminated in full on consolidation.

Certain comparative amounts have been reclassified to conform to the presentation adopted in the current period.

(c) Significant accounting estimates and judgements

The critical estimates and judgements applied in the preparation of these Financial Statements are consistent with those applied in the Company's audited consolidated financial statements as at and for the year ended March 31, 2020.

(d) Operating segments

The Company operates as a single reportable segment—the acquisition, exploration and development of mineral properties. All assets are held in Canada.

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited - Expressed in Canadian Dollars, unless otherwise stated)

3. CASH

The Company's cash is invested in business and savings accounts, which are available on demand by the Company.

4. RESTRICTED CASH

Restricted cash represents amounts held in support of exploration permits. The amounts are refundable subject to the consent of regulatory authorities upon completion of any required reclamation work on the related projects.

5. AMOUNTS RECEIVABLE AND OTHER ASSETS

	June 30, 2020	March 31, 2020
Sales tax refundable	\$ 23,831	\$ 16,858
Prepaid insurance	36,567	66,520
Total	\$ 60,398	\$ 83,378

6. EXPLORATION AND EVALUATION EXPENSES AND COST RECOVERIES

Below is a summary of the Company's major exploration projects and their associated roaylaties, where the Company is currently incurring the majority of its exploration work.

(a) IKE Project Capped Royalties

Amarc has a 100% interest in the IKE, Granite, Galore and Juno Properties, which make up the IKE Project that is located in south-central BC. The mineral claims comprising the Juno Property were staked and are owned 100% by the Company.

The IKE Property claims carry a Net Smelter Return ("NSR") royalty obligation of 1%, subject to a \$2 million cap with the Company able to purchase the royalty at any time by payment of the same amount. These claims carry an additional NSR royalty of 2%, subject to the Company retaining the right to purchase up to the entire royalty amount by the payment of up to \$4 million. The Company has also agreed to make annual advance royalty payments of \$50,000 to the holders of the 2% NSR royalty interest and, upon completion of a positive feasibility study, to issue to these same parties 500,000 common shares.

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited - Expressed in Canadian Dollars, unless otherwise stated)

The Granite Property claims are subject to a 2% NSR royalty which can be purchased for \$2 million. In addition, there is an underlying 2.5% NSR royalty on certain mineral claims within the Granite Property, which can be purchased at any time for \$1.5 million less any amount of royalty already paid.

The entire IKE Project is subject to a 1% NSR royalty from mine production capped at a total of \$5 million.

(b) JOY Project Royalities

The 100% Amarc owned JOY Project comprises the JOY, PINE and Paula Properties, and also the STAKED Claims, which is located in north-central BC. The mineral claims comprising the STAKED Claims were staked and are owned 100% by the Company.

On November 21, 2017, Amarc acquired 100% interest in the JOY Property from a private company wholly-owned by one of its directors (note 10(c)) for the reimbursement of the vendor's direct acquisition costs of \$335,299. The JOY Property is subject to an underlying 3% NSR royalty from production to a former owner, which is capped at \$3.5 million.

The PINE Property is subject to a 2.5% Net Profit Interest ("NPI") royalty on mineral claims comprising about 96% of the PINE Property and a 1% NSR royalty on the balance of the claims. The NPI royalty can be reduced to 1.25% at any time through the payment of \$2.5 million in cash or shares. The NSR royalty can be reduced to 0.50% through payment of \$2.5 million in cash or shares.

The PINE Property is also subject to a 3% underlying NSR royalty payable from production to a former owner and capped at \$5 million payable from production.

The Paula Property, which comprises a single mineral claim, is subject to a 1% NSR royalty payable from commercial production that is capped at \$0.5 million.

DUKE Project

The DUKE Project is located in central BC. In November 2016, the Company entered into a purchase agreement with a private company wholly-owned by one of its directors (note 10(c)) to purchase a 100% interest in the DUKE property for the reimbursement of the vendor's direct acquisition costs of \$168,996.

7. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

	June 30, 2020	March 31, 2020
Accounts payable	\$ 77,331	\$ 80,075
Accrued liabilities	19,996	20,000
Total	\$ 97,327	\$ 100,075

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

8. DIRECTORS LOANS

	 months ended June 30, 2020	Year ended March 31, 2020
Opening balance	\$ 812,119	\$ 893,800
Principal advances	-	675,000
Principal repayments	-	(375,000)
Transactions costs	-	(490,449)
Amortization of transaction costs	12,920	108,768
Closing balance	\$ 825,039	\$ 812,119

	Three months en June 30, 2			
Current portion	\$	300,000	\$	300,000
Non-current portion		525,039		512,119
Total	\$	825,039	\$	812,119

Finance expenses	Three months ended June 30,			ed June 30,
		2020		2019
Interest on director's loan	\$	32,411	\$	22,438
Amortization of transaction costs		12,920		38,174
Total	\$	45,331	\$	60,612

(a) 2019 loan

In December 2019, the Company entered into a loan extension and amendment agreement (the "Loan") with a director and significant shareholder of the Company (the "Lender"), pursuant to which a previous loan agreement with a maturity date of November 26, 2019 was extended for five years or earlier pending the achievement of certain financing milestones. The Loan has a principal sum of \$1,000,000, is unsecured and bears interest at a rate of 10% per annum.

Pursuant to the Loan, the Company issued to the Lender a loan bonus comprising of 16,000,000 common share purchase warrants (the "Warrants") with an expiry of five years and an exercise price of \$0.05 per share (note 9(c)(i)).

(b) 2019 bridge loans

In July and August 2019, the Company entered into certain loan agreements (collective the "Bridge Loans") with a director of the Company and a private company wholly-owned by a director of the Company (collectively the "Bridge Lenders"), pursuant to which the Bridge Lenders advanced to the

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

Company an aggregate principal sum of \$375,000 with a 1-year term and bearing interest at 10% per annum. The Bridge Loans were fully repaid in September 2019.

In December 2019, the Company entered into a loan agreement (the "Second Bridge Loan") with a director of the Company (the "Second Bridge Lender"), pursuant to which the Second Bridge Lender advanced to the Company a principal sum of \$300,000 with a 9-month term and bearing interest at a rate of 10% per annum.

Advances have been measured as financial liabilities at their (cash) transaction values, with the unamortized balance of directly applicable transaction costs, comprised of the fair values of the loan bonus warrants granted, representing a partially offsetting asset balance. Such transaction costs are being expensed pro-rata over the term of the debt, with the effect on the balance sheet presentation being that the aggregate debt is accreted towards its face value.

In August 2020, the principal and interest balances of the Second Bridge Loan were fully repaid.

9. SHARE CAPITAL AND RESERVES

(a) Authorized and outstanding share capital

The Company's authorized share capital consists of an unlimited number of common shares without par value ("Common Shares") and an unlimited number of preferred shares. All issued Common Shares are fully paid. No preferred shares have been issued.

As at June 30, 2020, there were 175,602,894 Common Shares issued and outstanding (June 30, 2019 – 170,602,894).

(b) Share purchase options

The following summarizes changes in the Company's share purchase options (the "Options"):

		June 30, 2019		
	Weighted Average		Weighted Average	
	Exercise	Number of	Exercise	Number of
	Price	Options	Price	Options
Outstanding – beginning balance	\$0.05	2,000,000	-	-
Grant	-	-	-	
Outstanding – ending balance	\$0.05	2,000,000	-	-

The following summarizes information on the options outstanding and exercisable as at June 30, 2020:

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

		Options Outstanding		Options Exercisable
	Weighted		Weighted	
	Average		Average	
	Remaining		Remaining	
	Contractual	Number of	Contractual	Number of
Exercise price	Life (years)	Options	Life (years)	Options
\$0.05	4.26	2,000,000	4.26	1,000,000
Total	4.26	2,000,000	4.26	1,000,000

(c) Share purchase warrants

The following common share purchase warrants were outstanding at June 30, 2020 and March 31, 2019:

		June 30,	March 31,
	Exercise price	2020	2020
Issued pursuant to the Loan (note 9(b)(i))	\$ 0.05	16,000,000	16,000,000
Total		16,000,000	16,000,000

(i) 2019 loan bonus warrants

In December 2019, 16,000,000 share purchase warrants were issued pursuant to the Loan (note 8(a)). The fair value of these warrants at issue was determined to be \$490,449 at \$0.03 per warrant using the Black-Scholes pricing model and based on the following assumptions: risk-free rate of 1.57%; expected volatility of 144%; underlying market price of \$0.035; strike price of \$0.05; expiry term of 5 years; and, dividend yield of nil.

In August 2020, 3,000,000 share purchase warrants were exercised for financing the flow-through eligible expenses to be incurred.

10. RELATED PARTY TRANSACTIONS

	June 30,	March 31,
Balances due to related parties	2020	2020
Hunter Dickinson Services Inc.	\$ 718,216	\$ 507,232
Robert Dickinson (interest payable)	117,631	79,726
United Mineral Services Ltd.	5,021	5,021
Total	\$ 840,868	\$ 591,979

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019 (Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

(a) Transactions with key management personnel

Key management personnel ("KMP") are those persons that have the authority and responsibility for planning, directing, and controlling the activities of the Company, directly and indirectly, and by definition include all the directors of the Company.

Note 8 includes the details of a director's loan. Note 6(b) and 6(c) includes the details of the acquisition of mineral property interests from a private entity wholly-owned by one of the directors of the Company.

During the three months ended June 30, 2020 and 2019, the Company's President, Chief Executive Officer and Director; Chief Financial Officer (June 30, 2019 only); and Corporate Secretary provided services to the Company under a service agreement with Hunter Dickinson Services Inc. (note 10(b)).

During the three months ended June 30, 2020, the Company incurred a \$1,000 fee for the services provided by the new Chief Financial Officer.

There were no other transactions with KMP during the three months ended June 30, 2020 and 2019.

(b) Hunter Dickinson Services Inc.

Hunter Dickinson Inc. ("HDI") and its wholly-owned subsidiary Hunter Dickinson Services Inc. ("HDSI") are private companies established by a group of mining professionals. HDSI provides contract services for a number of mineral exploration and development companies, and also to companies that are outside of the mining and mineral development space. Amarc acquires services from a number of related and arms-length contractors, and it is at Amarc's discretion that HDSI provides certain contract services.

The Company has one director in common with HDSI, namely Robert Dickinson. Also, the Company's President, Chief Executive Officer and Director, Chief Financial Officer (until March 31, 2020) and Corporate Secretary are employees of HDSI and are contracted to work for the Company under an employee secondment agreement between the Company and HDSI.

Pursuant to an agreement dated July 2, 2010, HDSI provides certain cost effective technical, geological, corporate communications, regulatory compliance, and administrative and management services to the Company, on a non-exclusive basis as needed and as requested by the Company. As a result of this relationship, the Company has ready access to a range of diverse and specialized expertise on a regular basis, without having to engage or hire full-time employees or experts. The Company benefits from the economies of scale created by HDSI which itself serves several clients both within and external to the exploration and mining sector.

The Company is not obligated to acquire any minimum amount of services from HDSI. The monetary amount of the services received from HDSI in a given period of time is a function of annually set and agreed charge-out rates for and the time spent by each HDSI employee engaged by the Company.

HDSI also incurs third-party costs on behalf of the Company. Such third party costs include, for example, capital market advisory services, communication services and office supplies. Third-party costs are billed at cost, without markup.

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

There are no ongoing contractual or other commitments resulting from the Company's transactions with HDSI, other than the payment for services already rendered and billed. The agreement may be terminated upon 60 days' notice by either the Company or HDSI.

The following is a summary of transactions with HDSI that occurred during the reporting period:

Transactions with HDSI	Three months ended June 30,		ed June 30,	
(rounded to the nearest thousand CAD)		2020		2019
Services received from HDSI and as requested by the Company	\$	307,000	\$	299,000
Information technology – infrastructure and support services		15,000		15,000
Reimbursement, at cost, of third-party expenses incurred by HDSI on behalf		64.000		46,000
of the Company		64,000		46,000
Total	\$	386,000	\$	360,000

(c) United Mineral Services Ltd.

United Mineral Services Ltd. ("UMS") is a private company wholly-owned by one of the directors of the Company. UMS is engaged in the acquisition and exploration of mineral property interests.

In November 2016, the Company acquired from UMS a 100% interest in two mineral property interests, namely the JOY Property (note 6(b)) and the DUKE Property (note 6(c)), for aggregate acquisition costs of \$504,295 which were the direct acquisition costs of UMS for the two property interests.

The following is a summary of transactions with UMS that occurred during the reporting period:

Transactions with UMS	Three months ended June 30,		
(rounded to the nearest thousand CAD)		2020	2019
Services received from UMS and as requested by the Company	\$	-	\$ 9,000
Total	\$	-	\$ 20,000

Notes to the Condensed Consolidated Interim Financial Statements

For the three months ended June 30, 2020 and 2019

(Unaudited – Expressed in Canadian Dollars, unless otherwise stated)

11. SUPPLEMENTARY INFORMATION TO THE CONSOLIDATED STATEMENTS OF LOSS

(a) Employees' salaries and benefits

The employees' salaries and benefits included in exploration and evaluation expenses and administration expenses are as follows:

Employees' salaries and benefits	 Three months ended June 30,		
(rounded to the nearest thousand CAD)	2020 2019		
Salaries and benefits included in the following:			
Exploration and evaluation expenses	\$ 287,000	\$	203,000
Administration expenses ¹	92,000		111,000
Total	\$ 379,000	\$	314,000

This amount includes salaries and benefits included in office and administration expenses (note 11(b)) as well as other salaries and benefits expenses classified as administration expenses.

(b) Office and administration expenses

Office and administration expenses include the following:

Office and administration expenses	Three months ended June 30,			
(rounded to the nearest thousand CAD)		2020		2019
Salaries and benefits	\$	61,000	\$	97,000
Insurance		21,000		12,000
Data processing and retention		15,000		15,000
Other office expenses		4,000		3,000
Total	\$	101,000	\$	127,000



MANAGEMENT'S DISCUSSION AND ANALYSIS

FOR THE THREE MONTHS ENDED JUNE 30, 2020

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

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MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

1.1 DATE

This Management's Discussion and Analysis ("MD&A") should be read in conjunction with the audited consolidated financial statements (the "Annual Financial Statements") of Amarc Resources Ltd. ("Amarc", or the "Company") for the year ended March 31, 2020, and the unaudited condensed consolidated interim financial statements (the "Financial Statements") of the Company for the three months ended June 30, 2020, both of which are publicly available on SEDAR at www.sedar.com. All monetary amounts herein are expressed in Canadian Dollars ("CAD") unless otherwise stated.

The Company reports in accordance with International Financial Reporting Standards as issued by the International Accounting Standards Board ("IASB") and interpretations of the IFRS Interpretations Committee (together known as "IFRS"). The following disclosure and associated Financial Statements are presented in accordance with IFRS.

This MD&A is prepared as of August 28, 2020.

Cautionary Note to Investors Concerning Forward-looking Statements

This discussion and analysis includes certain statements that may be deemed "forward-looking statements". All such statements, other than statements of historical fact that address exploration drilling, exploitation activities and other related events or developments are forward-looking statements. Although Amarc Resources Ltd. ("Amarc") believes the expectations expressed in such forward $looking\ statements\ are\ based\ on\ reasonable\ assumptions, such\ statements\ are\ not\ guarantees\ of\ future\ performance\ and\ actual\ results$ or developments may differ materially from those in the forward-looking statements. Assumptions used by Amarc to develop forwardlooking statements include the following: Amarc's projects will obtain all required environmental and other permits and all land use and other licenses, studies and exploration of Amarc's projects will continue to be positive and no geological or technical problems will occur. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, potential environmental issues or liabilities associated with exploration, development and mining activities, exploitation and exploration successes, continuity of mineralization, uncertainties related to the ability to obtain necessary permits, licenses and tenure and delays due to third party opposition, changes in and the effect of government policies regarding mining and natural resource exploration and exploitation, and exploration and development of properties located within Aboriginal groups asserted territories may affect or be perceived to affect asserted aboriginal rights and title, which may cause permitting delays or opposition by Aboriginal groups, continued availability of capital and financing and general economic, market or business conditions, as well as risks relating to the uncertainties with respect to the effects of COVID-19. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. For more information on Amarc investors should review the Company's annual Form 20-F filing with the United States Securities and Exchange Commission (the "SEC") at www.sec.gov and its home jurisdiction filings that are available at www.sedar.com.

Cautionary Note to Investors Concerning Estimates of Inferred Resources:

This discussion and analysis uses the terms "measured resources", "indicated resources" and "inferred resources" which are recognized and required by Canadian regulators under National Instrument 43-101 ("43-101"). The SEC has adopted amendments to its disclosure rules to modernize the mineral property disclosure requirements for issuers whose securities are registered with the SEC under the U.S. Exchange Act, effective February 25, 2019 (the "SEC Modernization Rules"). The SEC Modernization Rules adopt definitions of the terms and the categories of resources which are "substantially similar" to the corresponding terms under Canadian regulations in 43-101. Accordingly, there is no assurance any mineral resources that we may report under 43-101 would be the same had we prepared the resources estimates under the standards adopted under the SEC Modernization Rules. Amarc cautions investors not to assume that all or any part of the mineral deposits in these categories will ever be converted into reserves. Under Canadian rules, estimates of inferred resources may not form the basis of feasibility or pre-feasibility studies, or economic studies except for a Preliminary Economic Assessment as defined under 43-101. Investors are cautioned not to assume that all or part of an inferred resource is economically or legally mineable.

1.2 OVERVIEW

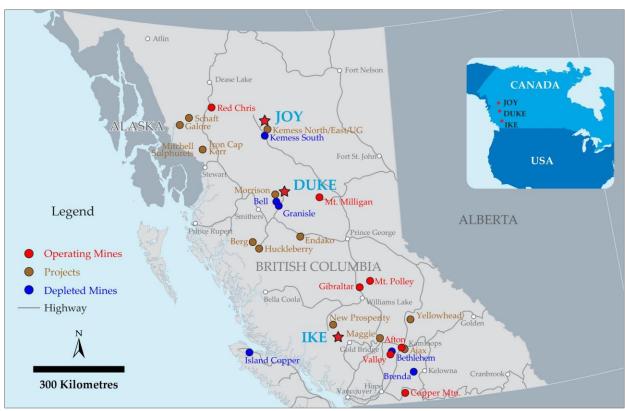
Amarc is a mineral exploration and development company with an experienced and successful management team focused on developing a new generation of British Columbia ("BC") copper ("Cu")

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mines. By combining strong projects and funding with successful management, Amarc has created a solid platform to commence value creation.

Through its work programs Amarc has substantially advanced its 100% owned IKE, DUKE and JOY porphyry Cu deposit districts located in southern, central and northern BC, respectively. Each of these Cu districts have proximity to industrial infrastructure, power, rail and highways. The IKE, DUKE and JOY Projects have significant potential for the discovery of important scale, porphyry Cu-Au and Cu-Mo deposits. The Company is also actively evaluating Cu and Au projects with a view to acquisition.

LOCATION OF THE COMPANY'S IKE, DUKE AND JOY PROJECTS



The 462 km² IKE Project is located 33 km northwest of the historical mining community of Gold Bridge near the heartland of BC's producing porphyry Cu mines. The IKE Project includes the IKE porphyry Cu-Mo-Ag deposit discovery, the high potential Greater Empress Copper-Gold Project ("GECAP") that hosts the Empress Cu-Au-Ag deposit and other significant porphyry Cu-Au-Mo-Ag and Cu-Au-Ag replacement deposit targets, and also the number of promising porphyry Cu and Au-Ag epithermal targets within the greater IKE District. The Project shares many characteristics with porphyry districts around the globe that host major, and commonly multiple, Cu±Au±Mo±Ag deposits

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

and has the potential to possess the grades and resources necessary to develop into an important mining camp.

Subject to funding Amarc is planning an expanded drill program at the IKE deposit with the goal of establishing a NI-43-101 compliant resource, and at the GECAP an integrated program to drill test the high potential drill-ready targets with survey work on other promising targets to bring them to a drill ready status. The Company has the required drill and IP permits in hand for the proposed work program.

Amarc's DUKE Project is located 80 km northeast of Smithers within the Babine District (the "District"), one of BC's most prolific porphyry Cu-Au belts. The District, a 40 by 100 km north-northwesterly striking mineralized belt is host to Noranda Mines' past producing Bell and Granisle Cu-gold mines that produced a total of 1.1 billion pounds of Cu, 634,000 ounces of Au and 3.5 million ounces of Ag¹, and the advanced stage Morrison Cu-Au deposit. The DUKE Project includes both the DUKE porphyry Cu deposit target discovery and a series of high potential porphyry Cu-Au deposit targets generated form the Company's comprehensive district-scale targeting program.

The Company is currently planning how best to undertake the drilling required to delineate the geometry and grade distribution of its DUKE discovery in order to inform a mineral resource estimate and related studies. In addition, on it's regional targets Amarc is planning for initial ground surveys taking advantage of extensive logging road networks across the property. These focused surveys would be followed by RC drilling to test prioritized targets for the presence of potential porphyry Cu-Au mineralized systems below cover and, where a deposit target is confirmed core drilling to determine the extent, grade and geometry of the mineralized system. The Company has permits in hand to commence these works.

Amarc's 100%-owned 482 km² JOY Project covers the northern extension of the prolific Kemess porphyry Cu-Au district (the "Kemess District") in the Toodoggone region of north-central BC. The JOY claims are located approximately 20 km north of the former Kemess South Mine and the government-approved Kemess underground project. In mid-2017, Centerra Gold Inc. ("Centerra") purchased the Kemess District from AuRico Metals Inc. for \$310 million². The Project includes the PINE porphyry Cu-Au deposit and MEX porphyry Cu-Au deposit target which have seen several phases of historical drilling. Work by Amarc has identified significant expansion potential at both that requires drill testing. In addition, Amarc's extensive exploration surveys have defined seven large (approximately 1 to 8 km²), high potential porphyry Cu-Au exploration target areas. Each of these target areas hosts multiple targets that are either drill-ready, or can rapidly be brought up to a drill ready status by the completion of focused surface surveys.

¹ MINFILE Number 093L 146 and 093M 001 MINFILE Production Detail Report, BC Geological Survey, Ministry of Energy and Mines, BC.

² Centerra Gold Inc. news release January 8, 2018.

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Amarc is planning the next phase of the JOY Project exploration to include core drill testing of drill-ready targets, undertaken concurrently with low-cost surface exploration work to efficiently bring the new exploration targets up to a drill-ready status.

Amarc's senior management and project team seeks early and meaningful engagement with local landowners, First Nations and other land interests to ensure its mineral exploration and development activities are well-coordinated and broadly supported, to address local priorities and concerns, and to optimize opportunities for collaboration and local benefit. In particular, the Company seeks to establish mutually beneficial partnerships with Indigenous groups within whose traditional territories its projects are located - including through the provision of jobs, training programs, contract opportunities, capacity funding agreements and sponsorship of community events. All Amarc work programs are carefully planned to achieve high levels of environmental and social performance.

The IKE Project

Amarc's 100% owned IKE Project is located 35 km northwest of the town of Gold Bridge in southwestern BC near the heartland of the provinces producing porphyry Cu mines. It is proximal to industrial infrastructure including power, and also highways and rail that connect the Project to Vancouver and its port facilities.

Hydrothermal alteration and mineralization, which is prospective for the discovery of porphyry Cu±Au±Mo±Ag and related deposit types occurs throughout the 462 km² IKE Project. The Project occupies a highly fertile block of crust where magmatic-hydrothermal-structural characteristics are favorable for the formation of intrusion-related Cu±Au±Mo±Ag deposits with good grade (see below). These characteristics are common to most porphyry districts around the globe that host major, and commonly multiple, Cu±Au±Mo±Ag deposits.

The IKE Project includes the IKE porphyry Cu-Mo-Ag deposit discovery, the high potential GECAP are that hosts the Empress Cu-Au-Ag deposit and significant porphyry Cu-Au-Mo-Ag and Cu-Au-Ag replacement deposit targets, and also the number of promising porphyry Cu and Au-Ag epithermal targets within the greater IKE District. The Project has the potential to possess the grades and resources necessary to develop into an important mining camp.

Further to the information provided below additional detail on the IKE Project can be found in the Company's recently filed National Instrument 43-101 Technical Report under Amarc's profile at www.sedar.com and on the Company's website at www.amarcresources.com/ahr/Home.asp.

IKE Porphyry Copper-Molybdenum-Silver Deposit

The potential of the IKE porphyry deposit was recognized by Amarc during a review of porphyry occurrences located in underexplored mineral belts in BC. Limited historical drilling indicated the presence of a mineral system with characteristics favorable for an economically viable porphyry Cu-

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

Mo-Ag deposit, underlying a significant area of gossanous material. Three historical drill holes, located over approximately 220 m, had intersected long continuous intercepts of chalcopyrite and molybdenite mineralization with encouraging grades, for example:

Hole 11-1: 186 m of 0.41% CuEQ³ at 0.31% Cu, 0.022% Mo, 1.9 g/t Ag and 0.01 g/t Au Incl.: 58 m of 0.52% CuEQ at 0.39% Cu, 0.031% Mo, 1.9 g/t Ag and 0.02 g/t Au Hole 11-2: 120 m of 0.41% CuEQ at 0.31% Cu, 0.020% Mo, 3.3 g/t Ag and 0.01 g/t Au Incl.: 32 m of 0.58% CuEQ at 0.42 % Cu, 0.028% Mo, 6.3 g/t Ag and 0.02g/t Au

There was no follow up exploration until Amarc initiated exploration.

Largely co-incident magnetic, induced polarization ("IP") chargeability geophysics and geochemical talus fines anomalies, together with geological alteration mapping defined an extensive 9 km² hydrothermal system, into which Amarc has completed approximately 15,455 m of core drilling in 26 widely-spaced holes. This drilling has confirmed the presence of a substantial body of porphyry Cu-Mo-Ag mineralization with encouraging grades, over an area 1,200 m east-west by 1,000 m north-south, and over a vertical extent of 875 m depth, that remains open to expansion. For example:

Hole IK15010: 128 m of 0.43% CuEQ³ at 0.33% Cu, 0.022% Mo and 3.1 g/t Ag
Incl.: 32 m of 0.58% CuEQ at 0.43% Cu, 0.032% Mo and 4.3 g/t Ag
Hole IK15013: 321 m @ 0.47% CuEQ at 0.32% Cu, 0.038% Mo and 3.2 g/t Ag
Incl.: 124 m with 0.68% CuEQ at 0.43 % Cu, 0.063% Mo and 3.3 g/t Ag

Like many major porphyry deposits, the IKE deposit formed in a very active, multi-stage hydrothermal system that was extensive and robust. Geological mapping and logging of diamond drill core at IKE indicate the deposit is hosted entirely by multi-phase intrusive rocks. Its overall geological setting is similar to that of many important porphyry belts along the Cordillera in North and South America.

 $^{^3}$ CuEQ calculations use metal prices of: Cu US\$3.00/lb, Mo US\$12.00/lb, Ag US\$18.00/oz and Au US\$1,400.00/oz and conceptual recoveries of: Cu 90%, Au 72%, Ag 67% and Mo 82%. Conversion of metals to an equivalent copper grade based on these metal prices is relative to the copper price per unit mass factored by predicted recoveries for those metals normalized to the copper recovery. The net metal equivalencies for each metal are added to the copper grade. The general formula for this is: CuEQ = Cu% + (Au g/t * (Au recovery / Cu recovery) * (Au \$ per oz/ 31.1034768) / (Cu \$ per lb* 22.04623)) + (Ag g/t * (Ag recovery / Cu recovery) * (Ag \$ per oz/ 31.1034768) / (Cu \$ per lb* 22.04623)) + (Mo % * (Mo recovery / Cu recovery) * (Mo \$ per lb / Cu \$ per lb)). The estimated metallurgical recoveries are conceptual in nature. There is no guarantee that the metallurgical testing required to determine metal recoveries will be done or, if done, the metallurgical recoveries could be at this level.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

Core observations and initial petrographic studies at IKE indicate that the chalcopyrite and molybdenite mineralization occurs as fine to relatively coarse, mostly discrete grains, mainly as disseminations and less commonly in fractures and veins. Multi-element analyses have returned consistently and unusually low concentrations of metallurgically or environmentally deleterious elements. These characteristics, and the generally low concentrations of pyrite at IKE, suggest excellent potential to produce clean, good-grade Cu and Mo concentrates by standard flotation processing.

Subject to funding, the Company is planning an expanded phased drill program at the IKE deposit with the goal of establishing a NI-43-101 compliant resource, which will provide the basis for initial future economic studies. The Company has the required permits in hand for the proposed drill programs.

GECAP New Gold-Rich Porphyry Copper and Replacement-Style Deposit Potential

Having recognized the potential of the IKE porphyry Cu-Mo-Ag deposit, Amarc consolidated the IKE Project tenure. This included an important 35 km² sub-area of the Project that straddles the coastal plutonic contact for approximately 15 km. This area known as the GECAP has seen exploration completed by several operators since the 1920's. Recent compilation and integration of useful historical information from geochemical and geophysical surveys and also drilling, permitted a rapid advancement in the understanding of the potential hosted in the area and the recognition of significant porphyry Cu±Au±Mo-Ag and Cu-Au-Ag replacement deposit targets. Potential also exits for auriferous, polymetallic/mesothermal-epithermal deposits.

Immediate GECAP deposit targets for focused field-based exploration include, for example, the:

• **Empress Cu-Au-Ag replacement deposit**: a significant body of good grade mineralization that is characterized by both common high-grade intersections, and relatively good grade continuity. For example the following historical dill holes intercepted:

Hole 76-3: 76 m of 1.72% CuEQ 3 at 0.92% Cu, 1.42 g/t and 4.7 g/t Ag Incl.: 32 m of 1.89% CuEQ at 1.11% Cu, 1.39 g/t Au and 4.5 g/t Ag

Hole 89-8: 106 m of 0.56% CuEQ at 0.35% Cu, 0.36 g/t Au, 1.5 g/t Ag and 0.003% Mo

Incl.: 22 m of 1.21% CuEQ at 0.69 % Cu, 0.91 g/t Au, 2.8 g/t Ag and 0.003% Mo

Hole 90-21: 52 m of 1.79% CuEQ at 1.10% Cu, 1.21 g/t Au, 2.5 g/t Ag and 0.004% Mo

Incl.: 22 m at 2.52% CuEQ at 1.58% Cu, 1.67g/t Au, 2.5g/t Ag and 0.006% Mo

Note that in hole 76-3 above Mo was not analyzed for.

Significant potential exits for a drill program to upgrade and expand the mineralization which remains open.

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• Empress East Cu-Au±Ag replacement deposit target: located approximately 1 km east of the Empress deposit, limited historical drilling at Empress East intercepted mineralization similar to that at the Empress deposit. For example:

Hole 91-45: 50 m at 0.64% CuEQ3 of 0.46% Cu, 0.30 g/t Au, 1.0 g/t Ag and 0.002% Mo

The limited historical drilling together with favorable IP chargeability and magnetic geophysical features, suggest significant potential exists with further drilling to enlarge the known body of mineralization and to increase the grade at Empress East.

- **Empress Gap Cu-Au±Ag replacement target:** occupies the 1 km gap between the Empress deposit and the Empress East target where limited historical shallow percussion and core drilling, with historical IP chargeability data, suggest a clear opportunity to discover additional Cu-Au mineralization. Drill testing of this underexplored prospective target is required.
- **Granite porphyry Cu±Au±Mo-Ag target:** porphyry-style mineralization has been intersected in limited and tightly collared historical drill holes suggesting that Granite could be the source of the mineralizing fluids for the proximal Empress deposit. For example:

Hole 91-49: 92 m at 0.38% CuEQ3 of 0.22% Cu, 0.23 g/t Au, 0.4 g/t Ag and 0.008% Mo

This target has not been adequately tested and mineralization remains open to expansion. Step-out drilling from the known mineralization, including the testing of proximal magnetic and IP chargeability high features is required.

- Empress West Cu-Au±Ag replacement and porphyry target: this extensive target extends more than 2 km to the west of the Empress deposit and has only been tested by widely-spaced and shallow historical percussion holes, and a few core holes. It exhibits the same geological setting to the Empress area, and potential to discover additional Cu-Au mineralization is indicated by the results of the historical drilling when combined with magnetic and IP survey data, and also elevated Cu±Au±Mo concentrations in soils. Modern IP and drilling is required to test a series of targets.
- **Buzzer Cu-Au-Ag±Mo porphyry target:** porphyry-style mineralization intercepted in historical drilling may indicate that the known Buzzer body of mineralization may be the upper-most manifestation of a large underlying auriferous porphyry Cu deposit. Historical drilling has intercepted, for example:

Hole DDH-3: 99 m of 0.58% CuEQ3 at 0.43% Cu and 0.042% Mo

Hole X-3: 44 m at 1.14% CuEQ at 0.67% Cu, 0.50 g/t Au, 5.3 g/t Ag and 0.046% Mo

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Incl.: 27 m at 1,51% CuEQ at 0.86% Cu, 0.72g/t Au, 6.6g/t Ag and 0.059% Mo

Note that in hole DDH-3 above Au was not analyzed for.

Consideration to explore this possibility to depth with a > 500 m drill hole is warranted.

• *Taylor-Windfall West target*: this target is characterized by a strong IP chargeability anomaly located to the west of the historical Taylor-Windfall epithermal Au mine and could represent a lithocap to an underlying, or adjacent porphyry Cu±Au-Ag±Mo deposit. The target warrants additional IP and drill testing.

The GECAP has excellent potential for expansion of the Empress deposit and also for discovery of new Cu-Au resources in the project area. Subject to financing Amarc is planning an integrated program to test the economic potential of the GECAP, which will include drilling the high potential drill-ready targets while survey work progresses on other promising targets to bring them to a drill ready status. The Company has the required drill and IP permits in hand for the proposed work program.

IKE District Porphyry and Epithermal Targets

The IKE District hosts several known centres of porphyry Cu mineralization (Rowbottom, Mad Major-OMG) and Au-Ag epithermal mineralization (Battlement, Mewtwo) that exist outside of, but in proximity to and between, the IKE deposit and GECAP areas. Limited exploration by historical operators and/or Amarc indicates that further survey work followed by drilling is warranted at these targets. The Company has the permits in hand for the potential work program.

At Rowbottom, Cretaceous porphyry-style Cu-Mo-Au mineralization and alteration is intermittently exposed along 550 m of Rowbottom creek, and spatially associated with an extensive 1.3 km by 1.0 km IP chargeability anomaly that remains open for further surveying. Limited historical shallow percussion drilling returned good Cu and Mo grades (Au and Ag were not analysed for), and a single core hole completed by Amarc confirmed the presence of Au and Ag. Historical drill intercepts include for example:

Hole S-64: 49 m of 0.51% CuEQ³ at 0.49% Cu and 0.007% Mo Hole S-24: 43 m of 0.40% CuEQ at 0.28% Cu and 0.032% Mo

The Amarc core hole intersected significant intervals of porphyry Cu-Mo mineralization hosting elevated Ag and Au values, which are cut by a number of post mineral dykes and returned, for example:

RB17001: 66 m of 0.38% CuEQ³ at 0.29% Cu, 0.006% Mo, 0.08 g/t Au and 4.1 g/t Ag and: 21 m of 0.43% CuEQ at 0.38% Cu, 0.007% Mo and 4.3 g/t Ag

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An historical soils grid along with both the historical and Amarc IP chargeability anomalies suggest that a larger system could be present, warranting further drilling both laterally and to depth in order to determine the geometry and grade distribution of the Rowbottom deposit target.

The Mad Major-OMG is a Late Cretaceous to Paleocene porphyry Cu-Mo-Ag±Au target area. It extends over approximately 23 km² area of highly anomalous stream sediment geochemistry and gossanous ridges. Amarc's exploration, and that of historical operators, has defined several large IP chargeability and magnetic geophysical, talus fines and soils geochemical and geological alteration mapping anomalies that remain to be adequately drill tested. Amarc has completed only eight very wide-spaced core holes into the target, and the source of the IP and geochemical anomalies is yet to be determined. Additional survey work and drilling is warranted.

Although not the focus of Amarc's exploration, epithermal potential exits on the IKE Project. For example, at both Battlement and Mewtwo reconnaissance stage exploration suggests a geological environment that is permissive for either, or both, a porphyry or epithermal-type deposits. Further exploration is warranted at both targets.

Collectively the IKE deposit, GECAP and IKE District target areas as described warrant substantial exploration programs.

IKE Project Capped Royalties

Amarc has a 100% interest in the IKE, Granite, Juno and Galore Properties, which make up the IKE Project. The mineral claims comprising the Juno Property were staked and are owned 100% by the Company.

In July 2014, Amarc acquired a 100% interest in the IKE property from Oxford Resources Inc. ("Oxford", formerly Highpoint Exploration Inc.). At that time Oxford's ownership interest was converted to a 1% Net Smelter Returns ("NSR") royalty, which can be purchased at any time for \$2 million (payable in cash or common shares of Amarc at the company's sole election).

The IKE property is also subject to a 2% underlying NSR royalty to two underlying owners, whereby Amarc has the right to purchase: (1) one half of the royalty (1%) for \$2 million (\$1 million of which is payable in cash, Amarc common shares, or any such combination of cash and shares, at Amarc's discretion) at any time prior to commercial production; and (2) the second half of the royalty (1%) also for \$2 million (\$1 million of which is payable in cash, and the balance in Amarc common shares, or any such combination of cash and shares, at Amarc's discretion) at any time on or before a commercial mine production decision has been made in respect of the IKE property. Amarc has agreed that upon completion of a positive feasibility study it will issue 500,000 common shares to the underlying owners.

In November 2014, Amarc acquired a 100% interest in the adjoining Granite property from Great Quest Fertilizers Ltd. ("Great Quest", previously known as Great Quest Metals Ltd., which is also referred to as "Great Quest" herein). Great Quest holds a 2% NSR royalty on that property which can be purchased for \$2 million, on or before commercial production (payable in cash, Amarc common shares, or any such combination of cash and shares, at Amarc's discretion). In addition, there is an underlying 2.5% NSR royalty on certain mineral claims within the Granite property, which can be purchased at any time for \$1.5 million less any amount of royalty already paid.

In January 2017, Amarc acquired a 100% interest in the adjoining Galore property from Galore Resources Inc. ("Galore Resources"), clear of any royalties to Galore Resources. In January 2018,

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Amarc concluded an agreement with the underlying owners of the Galore property, whereby Amarc acquired all of the underlying owners' residual interest in and to the Galore property, including five NSR and five NPI royalties.

On September 3, 2015, Amarc entered into an agreement (the "Agreement") with Thompson Creek (now a wholly owned subsidiary of Centerra) pursuant to which Thompson Creek could acquire, through a staged investment process within five years, a 30% ownership interest in mineral claims and crown grants covering the IKE Project. Under the terms of the Agreement, Thompson Creek also received an option, after acquiring its 30% interest, to acquire an additional 20% interest in the IKE Project, subject to certain conditions, including the completion of a Feasibility Study. On January 11, 2017, Amarc announced that Thompson Creek, having been acquired by Au-focused Centerra, relinquished its option to earn up to a 50% interest in the IKE Project. Thompson Creek had a 10% participating interest in the IKE Project by investing \$6 million in exploration programs undertaken in 2015 and 2016, and elected to exchange its participating interest for a 1% Conversion NSR royalty from mine production, which is capped at a total of \$5 million. As a result, Amarc re-acquired 100% interest in the IKE Project.

The DUKE Project

Amarc's 100% owned DUKE Project is located 80 km northeast of Smithers within the Babine District (the "District"), one of BC's most prolific porphyry Cu-Au belts. The District, a 40 by 100 km northnorthwesterly striking mineralized belt is host to Noranda Mines' past producing Bell and Granisle Cu-Au mines that produced a total of 1.1 billion pounds of Cu, 634,000 ounces of Au and 3.5 million ounces of Ag⁴, and the advanced stage Morrison Cu-Au deposit. Amarc's DUKE porphyry Cu discovery is located 30 km north of the Bell Mine. Extensive infrastructure exists in the District, which primarily relates to the forestry industry but also dates back to mining activity.

The 704 km² DUKE Project includes both the DUKE porphyry Cu deposit target discovery ("DUKE") and a series of high potential porphyry Cu-Au deposit targets generated form the Company's district-scale targeting program.

Additional detail further to that presented below on the DUKE Project can be found in the Company's recently filed National Instrument 43-101 Technical Report under Amarc's profile at www.sedar.com and on the Company's website at www.amarcresources.com/ahr/Home.asp.

Porphyry Copper Expansion Potential at the Duke Deposit Target

The porphyry Cu system at DUKE has seen only limited drilling. Many of the 30 historical shallow and closely-spaced core holes intersected and ended in significant Cu-Mo-Ag-Au mineralization. In the main area of known mineralization, these holes extended to only 124 m vertical depth from surface. Examples of the intercepts from are:

⁴ MINFILE Number 093L 146 and 093M 001 MINFILE Production Detail Report, BC Geological Survey, Ministry of Energy and Mines, BC.

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Hole 71-14: 87 m of 0.52% CuEQ³ at 0.40% Cu, 0.021% Mo, 2.2 g/t Ag and 0.05 g/t Au Incl.: 40 m of 0.61% CuEQ at 0.48% Cu, 0.023% Mo, 2.6 g/t Ag and 0.07 g/t Au Hole 70-02: 113 m of 0.38% CuEQ at 0.30% Cu, 0.012% Mo, 1.1 g/t Ag and 0.06 g/t Au Incl.: 12 m of 0.50% CuEQ at 0.41% Cu, 0.010% Mo, 1.6 g/t Ag and 0.09 g/t Au

The historical drilling was centered within a restricted part of a robust, 3 km north-south by 1 km east-west historical IP chargeability anomaly, which is thought to have been offset by faulting. When reconstructed, this IP chargeability anomaly has a classic donut shape (see figures provided in May 6, 2020 news release) that was the target of Amarc's eight core holes completed in 2017 through 2018 (see December 19, 2017 and June 12, 2018 news releases). Seven of the eight core holes drilled over an area measuring approximately 400 m north-south by 600 m east-west successfully intersected porphyry Cu-style mineralization to a vertical depth of 360 m. This mineralization remains open to expansion. Select intercept examples include:

Hole DK18002: 102 m of 0.31% CuEQ³ at 0.22% Cu, 0.014% Mo, 1.3 g/t Ag and 0.06 g/t Au Hole DK18005: 147 m of 0.40% CuEQ 0.27% Cu, 0.028% Mo, 1.1 g/t Ag and 0.05 g/t Au Incl.: 20 m of 0.62 % CuEQ at 0.45% Cu, 0.033% Mo, 2.0 g/t Ag and 0.06 g/t Au Hole DK18006: 58 m of 0.45% CuEQ at 0.34% Cu, 0.015% Mo, 1.5 g/t Ag and 0.059 g/t Au

Notably, a single step-out hole (DK18004) completed by Amarc more than 1 km to the north of the seven other Amarc holes, and within the displaced portion of the IP chargeability anomaly, intersected substantial lengths of moderate to low grade Cu and Mo mineralization, confirming a very extensive lateral dimension to the DUKE porphyry Cu system. Subject to financing Amarc is currently planning how best to undertake the drilling required to delineate the geometry and grade distribution of its DUKE discovery in order to inform a mineral resource estimate and related studies. The Company has the permit in hand to commence potential works.

New Duke District Porphyry Copper-Gold Targets

Appreciating the Cu-Au prospectivity of the Babine District and its relatively unexplored nature due to widespread glacial cover (4 m to 18 m thick in the Amarc DUKE discovery drill holes), Amarc has completed a comprehensive compilation of government and historical data over the entire 704 km² DUKE Project. This integrated study provided a new interpretation of the geological, geochemical and geophysical characteristics of the Babine District, identifying 12 previously unrecognized high potential porphyry Cu-Au deposit targets. These target areas were defined, for example, by anomalous Cu-Au-Mo-Ag (and other porphyry indicator elements) till geochemistry, till samples with identified grains of bornite, chalcopyrite and/or favorable biotite feldspar porphyry, compelling upice magnetic geophysics features, and indications of structural control along faults emanating from

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large deep-seated regional structures that likely controlled the emplacement of the prospective intrusions, along with numerous other scientific vectors.

Regionally, Amarc is planning for initial, focused ground surveys taking advantage of extensive logging road networks across the property. These surveys would be followed by RC drilling that would test prioritized targets for the presence of potential porphyry Cu mineralized systems below cover and, where a deposit target is confirmed core drilling to determine the extent, grade and geometry of the mineralized system. The Company has an IP permit in hand to commence these works.

DUKE Project Royalties

Amarc holds 100% interest in the DUKE Project free of any royalty.

The JOY Project

Amarc's 100%-owned 482 km² JOY Project covers the northern extension of the prolific Kemess porphyry Cu-Au district (the "Kemess District") in the Toodoggone region of north-central BC (see figures provided in May 15, 2020 news release). The Kemess District is well-known to Amarc's technical team through their association with Hunter Dickinson Inc. ("HDI"); its members are credited as being the first to recognize the District's true porphyry potential – acquiring both the early-stage Kemess North and Kemess South prospects and advancing them to significant porphyry Cu-Au deposits, before selling the projects to a predecessor of Northgate Minerals ("Northgate"). Northgate went on to develop the Kemess South mine (BC's third largest Au producer), producing three million ounces of Au, and 750 million pounds of Cu over a 13-year period to 2011⁵. The southern area of the Kemess District, now owned by Centerra, includes the government-approved Kemess Underground Project (the deeper higher-grade extension of the Kemess North deposit), the advanced stage Kemess East deposit as well as the mined-out Kemess South deposit. The resource road that services Centerra's deposits and the historical Lawyers and Shasta Au-Ag mines, also provides access to Amarc's JOY Project.

The PINE deposit and MEX deposit target on the JOY Project have seen several phases of historical drilling. Work by Amarc has identified significant expansion potential at both that requires drill testing. In addition, Amarc has defined seven large (approximately 1 to 8 km²), high potential porphyry Cu-Au exploration target areas, each of which hosts multiple targets that are either drill-ready, or can rapidly be brought up to a drill ready status by the completion of focused surface surveys. A highly effective targeting strategy was achieved by combining and interpreting information from the Company's exploration surveys and extensive historical datasets. These

⁵ SRK Consulting (Canada) Inc. 2013. NI 43-101 Technical Report on the Kemess Underground Project, British Columbia, Canada, AuRico Metals Ltd., SEDAR.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

datasets include results from soil geochemical sample grids, airborne magnetics and IP geophysical surveys, geological and alteration mapping and historical drilling. The large historical soils geochemical database (6,390 samples) was particularly useful.

Additional detail on the JOY Project can be found in the Company's recently filed National Instrument 43-101 Technical Report under Amarc's profile at www.sedar.com and on the Company's website at www.amarcresources.com/ahr/Home.asp.

New Porphyry Copper-Gold Potential at PINE and MEX

The PINE deposit is a northeast-trending, 2.5 km-long porphyry Cu-Au mineralized system located within an underexplored 6 km² area of strong hydrothermal alteration, as defined by IP chargeability, alteration mapping and limited historical drilling. At the PINE deposit, shallow historical drilling (most holes record less than 175 m vertical penetration) indicates that mineralization is open both laterally and to depth, with many of the holes ending in mineralization and some showing a downhole increase in Cu and Au grades (see figure provided in May 15, 2020 news release). Examples of the historical results are:

Hole P97-08: 141 m of 0.46% CuEQ³ at 0.17% Cu, 0.49 g/t Au, 2.0 g/t Ag and 0.001% Mo Hole 92-40: 85 m of 0.55% CuEQ at 0.14% Cu, 0.73 g/t Au, 0.6 g/t Ag and 0.002% Mo Hole 93-44: 82 m of 0.42% CuEQ at 0.12% Cu, 0.52 g/t Au, 1.1 g/t Ag and 0.003% Mo

In addition to the delineated drill-ready targets at PINE, untested areas of high IP chargeability and/or soil geochemistry lie between the widely-spaced historical holes and extend outward laterally, with the majority of the surrounding 6 km² area of strong hydrothermal alteration remaining to be fully explored.

Similarly, at the MEX deposit target widely-spaced historical drilling indicates that the system remains open both laterally and to depth.

Newly Identified Porphyry Copper-Gold Targets

The MEX Cluster, located between the PINE and MEX mineralized systems, includes a series of new targets (see figure provided in May 15, 2020 news release), that are characterized by coincident anomalies defined by geochemical, geophysical and mapping surveys. These new, well-defined targets are a priority for early drill testing.

Additional surface surveys are planned to prepare emerging drill targets at the Canyon South, Twins, SW Takla, Central Takla and the North Finley target areas for drilling. For example at Canyon South, a 1 km wide high-contrast >28 mV/V core of a 2 km-wide >18 mV/V IP chargeability anomaly closely

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

coincides with a 500 m diameter magnetic high that is possibly related to an unidentified, and potentially mineralized, porphyry stock. Notably, two historical drill holes: PIN09-15, which encountered **11.43 g/t Au over 3 m**, and MEX12-013, which recorded **0.05% Cu and 0.18 g/t Au over 62.3 m** are located on the periphery of the Canyon South target and on the opposite sides of the open 2 km-wide IP chargeability anomaly. Such an occurrence of Au ± Cu could be related to the outer regions of a porphyry system. A new IP survey is proposed to expand the coverage of the historical IP to define the full extent of the chargeability anomaly in preparation for drill testing.

Amarc is planning the next phase of the JOY Project exploration to include core drill testing of drill-ready targets, undertaken concurrently with low-cost surface exploration work to efficiently bring the latter new exploration targets up to a drill-ready status. The Company has permits in hand to commence the proposed works.

JOY Project Royalties

The 100% Amarc owned JOY Project comprises the JOY, PINE and Paula properties, and also the STAKED Claims. The mineral claims comprising the STAKED Claims were staked and are owned 100% by the Company.

On November 21, 2017, Amarc acquired 100% interest in the 7,200 Ha JOY property from United Minerals Services Ltd., a private vendor. The JOY property is subject to an underlying 3% NSR royalty from production to a former owner, which is capped at \$3.5 million.

On August 29, 2017, Amarc announced that it had concluded option agreements with each of Gold Fields Toodoggone Exploration Corporation ("Gold Fields") and Cascadero Copper Corporation ("Cascadero"), which at that time held the PINE property in a 51%:49% joint venture, that enabled Amarc to purchase 100% of the property. On December 31, 2018, Amarc completed the purchase of Cascadero's 49% interest in the PINE Property (Amarc MD&A December 31, 2018). Further on December 9, 2019, Amarc announced that it had reached an agreement with Gold Fields to amend the option agreement between the parties and purchased outright the remaining 51% of the PINE property from Gold Fields (Amarc news release, December 9, 2019).

Gold Fields retains a 2.5% NPI royalty on mineral claims comprising about 96% of the PINE property and a 1% NSR royalty on the balance of the claims. The NPI royalty can be reduced to 1.25% at any time through the payment to Gold Fields of \$2.5 million in cash or shares. The NSR royalty can be reduced to 0.50% through the payment to Gold Fields of \$2.5 million in cash or shares.

The PINE property is subject to a 3% underlying NSR royalty payable from production to a former owner and capped at \$5 million payable from production (Amarc November 21, 2017 news release).

In November 2019 Amarc entered into a purchase agreement with two prospectors to acquire 100% of a single mineral claim, called the Paula property, located internal to the wider JOY Project tenure (Amarc MD&A December 31, 2019). The claim is subject to a 1% NSR royalty payable from commercial production that is capped at \$0.5 million.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

Other Properties

Amarc's focus with respect to its Newton project is to work towards venturing it out to a third party to further advance exploration.

The Newton Property

Amarc made a drill discovery at its 100% owned Newton bulk-tonnage Au-Ag project in late 2009 and subsequently conducted exploration and delineation drilling at the deposit until June 2012.

An initial mineral resource estimate announced in September 2012, based on 24,513 m of core drilling in 78 holes completed up to June 30, 2012, confirms that Newton is a significant bulk tonnage Au discovery that remains open to further expansion. At a 0.25 g/t Au cut-off, Inferred Mineral Resources comprise 111.5 million tonnes grading 0.44 g/t Au and 2.1 g/t Ag, containing 1.6 million ounces of Au and 7.7 million ounces of Ag.

Inferred Mineral Resources at various cut-off grades are summarized in the table below.

NEW TON GOLD I ROJECT INTERRED MINERAL RESOURCES							
Cut-Off Grade	Size	Grade Co			d Metal		
(g/t Au)	Tonnage (000 t)	Gold (g/t)	Silver (g/t)	Gold (000 oz)	Silver (000 oz)		
0.20	147,069	0.38	1.9	1,818	8,833		
0.25	111,460	0.44	2.1	1,571	7,694		
0.30	85,239	0.49	2.4	1,334	6,495		
0.35	65,384	0.54	2.7	1,130	5,635		
0.40	49,502	0.59	2.9	938	4,596		

NEWTON GOLD PROJECT - INFERRED MINERAL RESOURCES

Notes:

- CIM definitions were followed for this mineral resource estimate. An "Inferred Mineral Resource" is that part of a
 Mineral Resource for which quantity and grade or quality can be estimated on the basis of geological evidence and
 limited sampling and reasonably assumed, but not verified, geological and grade continuity. The estimate is based
 on limited information and sampling gathered through appropriate techniques from locations such as outcrops,
 trenches, pits, workings and drill holes.
- 2. Inferred Mineral Resources were estimated using a long-term gold price of US\$1,750 per ounce, a long-term silver price of US\$25 per ounce, and a US\$/C\$ 1.00 exchange rate.
- 3. Bulk density is 2.71 tonnes per cubic metre.
- 4. Numbers may not add due to rounding.
- 5. The Effective Date of the Mineral Resource is July 4, 2012; the Effective Date being defined as the date when Roscoe Postle Associates Inc. was in receipt of full data which informed the resource.

The Newton Inferred Mineral Resources were prepared using geostatistical methods by technical staff at HDI and audited by geological and mining consultants at Roscoe Postle Associates Inc. under the direction of Reno Pressacco, P. Geo., an independent Qualified Person. Sample preparation and analysis of drill core samples from Newton were completed at the ISO 9001:2008 accredited and ISO-IEC 17025:2005 accredited Acme Analytical Laboratories (Vancouver) Ltd. A technical report providing further details of the estimate is available on the Company's profile on www.sedar.com.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

The current Newton Resource extends over an area of approximately 800 m by 800 m and to a depth of 560 m, and is open to expansion to the northwest, west and to depth. It is located within the southeast segment of an extensive 7 km² sulphide system that is characterized by widespread Au enrichment indicating good potential for the development of substantial additional resources. This large, fertile mineral system extends well beyond the limits of the current resource and is largely concealed under shallow cover.

Newton exhibits key characteristics that typify significant hydrothermal Au deposits. The deposit lies within a large, Au-enriched epithermal system that formed approximately 72 million years ago contemporaneously with felsic volcanic and intrusive rocks, which were emplaced into a structurally-active graben environment. Gold, Ag and associated base metal mineralization was precipitated with extensive zones of strong quartz-sericite alteration. The alteration types, metal associations and geological setting at Newton are nearly identical to those which characterize several major intrusion-related epithermal Au deposits in BC – including the important Blackwater-Davidson, and Snowfields deposits.

Exploration and resource expansion potential are clearly indicated at Newton by the large scale of the hydrothermal system, the structurally- and magmatically-active nature of the geological setting at the time of mineralization, the intensity of the hydrothermal alteration and the strong, widespread metal anomalies that have been confirmed by widely-spaced wildcat drilling. In addition, the Newton deposit occupies only one portion of an extensive IP geophysics chargeability anomaly. It is important to note that, beyond the currently delineated Newton Resource, anomalous concentrations of metals have been intersected in almost all exploration holes drilled on the property. Large portions of the system remain untested or have been tested only by widely-spaced reconnaissance drilling.

Amarc's Newton property is located some 100 km west of the City of Williams Lake, BC, in a region characterized by gently rolling hills and other characteristics favorable for project development. The district is well served by existing transportation and power infrastructure and a skilled workforce, which support a number of operating mines, as well as late-stage mineral development and exploration projects.

Newton Property Royalties

Amarc holds a 100% interest in the Newton Property. Newton Gold Corp. holds a 5% NPI royalty. In addition, the mineral claims defined in an underlying agreement are subject to a 2% NSR royalty, which royalty may be purchased by Amarc for \$2 million at any time. Advance NSR royalty payments of \$25,000 per annum commenced on January 1, 2011.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

Corporate Update

Subsequent to March 31, 2020, Sebastian Tang (CPA) was appointed as Chief Financial Officer on the resignation of Michael Lee.

Market Trends

Average annual prices for Cu, Mo, Au and Ag during last 5 years are shown in the following table:

	Average metal price (US\$)					
Calendar year	Copper	Molybdenum	Gold	Silver		
2015	2.50/lb	6.73/lb	1,160/oz	15.69/oz		
2016	2.21/lb	6.56/lb	1,251/oz	17.14/oz		
2017	2.88/lb	7.26/lb	1,275/oz	17.01/oz		
2018	2.96/lb	11.94/lb	1.269/oz	15.71/oz		
2019	2.72/lb	11.36/lb	1,393/oz	16.21/oz		
2020 (to the date of this document)	2.58/lb	8.72/lb	1,701/oz	18.01/oz		

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

1.3 SELECTED ANNUAL INFORMATION

Not required for the current period.

1.4 SUMMARY OF QUARTERLY RESULTS

These amounts are expressed in thousands of Canadian Dollars, except per share amounts. Minor differences are due to rounding.

	Fiscal Quarter Ended							
(\$	Jun 30,	Mar 31,	Dec 31,	Sep 30,	Jun 30,	Mar 31,	Dec 31,	Sep 30,
000's)	2020	2020	2019	2019	2019	2019	2018	2018
Net (income) loss	\$515	\$599	\$581	(\$479)	\$553	\$197	\$909	\$104
Basic and diluted (income) loss per share	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.01	\$0.00

The variations in net results over the fiscal quarters presented above were caused be the Company's mineral exploration and evaluation activities, which if undertaken typically ramp-up in the summer during the 3rd calendar quarters. See the following section of the MD&A for additional discussions.

1.5 RESULTS OF OPERATIONS

The Company recorded a decrease in net loss of \$38,000 from a net loss of \$553,000 for the prior three-month period ended June 30, 2019 ("2020 Q1") to a net loss of \$515,000 for the current three-month period ended June 30, 2020 ("2021 Q1").

The following table provides changes in expenditures and cost recoveries in the 2021 Q1 presented compared to the 2020 Q1:

Expenditures/recoveries	 riod ended ne 30, 2020	_	eriod ended ine 30, 2019
(Decrease) Increase in exploration and evaluation expenditures	\$ 32,000	\$	(880,000)
(Decrease) Increase in administrative expenditures	(62,000)		(5,000)
(Decrease) Increase in cost recoveries	-		(680,000)

The above noted changes in the level of expenditures and cost recoveries in the current periods presented compared to the prior periods are commensurate with the decrease in the Company's operating and financing activities as discussed herein.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

A breakdown by project of the Company's exploration and evaluation expenses for the three months ended June 30, 2020 and 2019 is as follows:

Three months ended June 30, 2020	IKE	JOY	DUKE	Other	Total
Assays and analysis	\$ 53,962	\$ 6,528	\$ 7,276	\$ _	\$ 67,766
Drilling	_	_	_	_	_
Equipment rental	_	_	_	_	_
Geological	111,271	54,792	44,410	16,200	226,673
Helicopter and fuel	_	_	_	_	_
Property costs and assessments	198	-	_	_	198
Site activities	17,064	6,123	5,864	_	29,591
Socioeconomic	2,144	9,667	2,583	5,469	19,863
Travel and accommodation	_	-	_	_	_
Total	\$ 185,179	\$ 77,110	\$ 60,133	\$ 21,669	\$ 344,091

Three months ended June 30, 2019	IKE	JOY	DUKE	Other	Total
Assays and analysis	\$ 675	\$ 3,783	\$ 1,020	\$ 136	\$ 5,614
Drilling	-	-	_	-	-
Equipment rental	-	4,350	_	-	4,350
Geological, including geophysical	15,211	52,076	94,237	36,789	198,313
Helicopter and fuel	-	-	_	-	-
Property acquisition and assessment costs	198	-	21,070	-	21,268
Site activities	-	5,924	-	2,965	8,889
Socioeconomic	675	53,583	12,228	-	66,486
Travel and accommodation	1,099	3,535	235	1,762	6,631
Total	\$ 17,858	\$ 123,251	\$ 128,790	\$ 41,652	\$ 311,551

The Financial Statements provides a breakdown of the Company's general and administration expenses for the year. General and administration expenses for the three months ended June 30, 2020 of \$119,571 were consistent with the same quarter in the prior year of \$182,843. A breakdown of general and administration expenses for the fourth quarter of the current year and prior year is as follows:

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

	Three months ended June 30,						
General and Administration Expenses		2020	2020				
Legal, accounting and audit	\$	3,767	\$	18,597			
Office and administration		101,554		126,273			
Shareholder communication		8,113		22,629			
Travel and accommodation		5,008		10,362			
Trust and regulatory		1,129		4,982			
Total	\$	119,571	\$	182,843			

1.6 LIQUIDITY

Historically, the Company's sole source of funding has been provided from the issuance of equity securities for cash, primarily through private placements to sophisticated investors and institutions, and from director loans. The Company's access to financing is always uncertain. There can be no assurance of continued access to significant equity funding to finance the Company's ongoing operations.

At June 30, 2020, the Company had a cash balance of \$22,645 and a working capital deficit of approximately \$1,138,000, which was primarily due to a director's loan of \$300,000 due in August 2020 that was reclassified as a current liability and the increase in the related party balances from \$592,000 at March 31, 2020 to \$841,000 at June 30, 2020. The Company receives around \$1.1 million provincial government refunds on exploration cost credit in August 2020. 3 million share purchase warrants at \$0.05 exercised in August 2020 also provided additional liquidity of \$150,000 subsequent to the three months ended June 30, 2020.

Further advancement and development of the Company's mineral property interests in the long run will require additional funding from a combination of the Company's shareholders, existing or potential new partners, and debt financing. As the Company is currently in the exploration stage, it does not have any revenues from operations. Therefore, the Company relies on funding from its partners for its continuing financial liquidity and the Company relies on the equity market and debt financing as sources of funding. The Company continues to focus on preserving its cash resources while maintaining its operational activities.

The Company does not have any material capital lease obligations, purchase obligations or any other long-term obligations.

1.7 CAPITAL RESOURCES

The Company has no lines of credit or other sources of financing which have been arranged or utilized.

The Company has no "Purchase Obligations" defined as any agreement to purchase goods or services that is enforceable and legally binding on the Company that specifies all significant terms, including: fixed or minimum quantities to be purchased; fixed, minimum or variable price provisions; and the approximate timing of the transaction.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

1.8 OFF-BALANCE SHEET ARRANGEMENTS

None.

1.9 TRANSACTIONS WITH RELATED PARTIES

The required quantitative disclosure is provided in the Financial Statements, which are publicly available on SEDAR at www.sedar.com.

Hunter Dickinson Inc.

Hunter Dickinson Inc. ("HDI") and its wholly-owned subsidiary Hunter Dickinson Services Inc. ("HDSI") are private companies established by a group of mining professionals. HDSI provides contract services for a number of mineral exploration and development companies, and also to companies that are outside of the mining and mineral development space. Amarc is one of the publicly-listed companies for which HDSI provides a variety of contract services.

The Company has one director in common with HDSI, namely Robert Dickinson. Also, the Company's President, Chief Executive Officer and Director, and Corporate Secretary are employees of HDSI and work for the Company under an employee secondment arrangement between the Company and HDSI.

Pursuant to an agreement dated July 2, 2010, HDSI provides cost effective technical, geological, corporate communications, regulatory compliance, and administrative and management services to the Company, on a non-exclusive basis as needed and as requested by the Company. As a result of this relationship, the Company has ready access to a range of diverse and specialized expertise on a regular basis, without having to engage or hire full-time employees or experts. The Company benefits from the economies of scale created by HDSI which itself serves several clients.

The Company is not obligated to acquire any minimum amount of services from HDSI. The monetary amount of the services received from HDSI in a given period of time is a function of annually set and agreed charge-out rates for and the time spent by each HDSI employee engaged by the Company.

HDSI also incurs third-party costs on behalf of the Company. Such third party costs include, for example, capital market advisory services, communication services and office supplies.. Third-party costs are billed at cost, without markup.

There are no ongoing contractual or other commitments resulting from the Company's transactions with HDSI, other than the payment for services already rendered and billed. The agreement may be terminated upon 60 days' notice by either the Company or HDSI.

The details of transactions with HDSI and the balance due to HDSI as a result of such transactions are provided in the Financial Statements, along with the details of borrowings by the Company from Mr. Dickinson.

United Mineral Services Ltd.

United Mineral Services Ltd. ("UMS") is a privately held company wholly-owned by one of the Company's directors. UMS is engaged in the acquisition and exploration of mineral property interests. UMS does incur third party expenses on behalf of the Company from time to time.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

Details of transactions with UMS and the balance due to UMS as a result of such transactions are provided in the Financial Statements.

1.10 FOURTH QUARTER

Not required for the current period.

1.11 PROPOSED TRANSACTIONS

Except as discussed in this MD&A, there are no proposed transactions requiring disclosure under this section.

1.12 CRITICAL ACCOUNTING ESTIMATES

Not required. The Company is a venture issuer.

1.13 CHANGES IN ACCOUNTING POLICIES INCLUDING INITIAL ADOPTION

The required disclosure is provided in the Financial Statements, which are publicly available on SEDAR at www.sedar.com.

1.14 FINANCIAL INSTRUMENTS AND OTHER INSTRUMENTS

The carrying amounts of cash, amounts receivable, marketable securities, accounts payable and accrued liabilities, balance due to a related party, and director's loan approximate their fair values due to their short-term nature.

1.15 OTHER MD&A REQUIREMENTS

Additional information relating to the Company is available on SEDAR at www.sedar.com.

1.15.1 ADDITIONAL DISCLOSURE FOR VENTURE ISSUERS WITHOUT SIGNIFICANT REVENUE

(a)	capitalized or expensed exploration and development costs	See <u>1.5 Results of Operations</u> above.
(b)	expensed research and development costs	Not applicable.
(c)	deferred development costs	Not applicable.
(d)	general and administration expenses	See 1.5 Results of Operations above.

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

(e) any material costs, whether capitalized, None. deferred or expensed, not referred to in (a) through (d)

1.15.2 DISCLOSURE OF OUTSTANDING SHARE DATA

The following table details the share capital structure as of the date of this MD&A:

	Number
Common shares	178,602,894
Share purchase options	2,000,000
Share purchase warrants	13,000,000

1.15.3 DISCLOSURE CONTROLS AND PROCEDURES

The Company has disclosure controls and procedures in place to provide reasonable assurance that any information required to be disclosed by the Company under securities legislation is recorded, processed, summarized and reported within the appropriate time periods and that required information is accumulated and communicated to the Company's management, including the Chief Executive Officer and Chief Financial Officer, as appropriate, so that decisions can be made about the timely disclosure of that information.

1.15.4 INTERNAL CONTROLS OVER FINANCIAL REPORTING PROCEDURES

The Company's management, including the Chief Executive Officer and the Chief Financial Officer, is responsible for establishing and maintaining adequate internal control over financial reporting. Under the supervision of the Chief Executive Officer and Chief Financial Officer, the Company's internal control over financial reporting is a process designed to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with IFRS. The Company's internal control over financial reporting includes those policies and procedures that:

- pertain to the maintenance of records that, in reasonable detail, accurately and fairly reflect the transactions and dispositions of the assets of the Company;
- provide reasonable assurance that transactions are recorded as necessary to permit
 preparation of financial statements in accordance with IFRS, and that receipts and
 expenditures of the Company are being made only in accordance with authorizations of
 management and directors of the company; and
- provide reasonable assurance regarding prevention or timely detection of unauthorized acquisition, use or disposition of the Company's assets that could have a material effect on the financial statements.

There has been no change in the design of the Company's internal control over financial reporting that has materially affected, or is reasonably likely to materially affect, the Company's internal

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

control over financial reporting during the period covered by this Management's Discussion and Analysis.

1.15.5 LIMITATIONS OF CONTROLS AND PROCEDURES

The Company's management, including its Chief Executive Officer and Chief Financial Officer, believe that any system of disclosure controls and procedures or internal control over financial reporting, no matter how well conceived and operated, can provide only reasonable, not absolute, assurance that the objectives of the control system are met. Furthermore, the design of a control system must reflect the fact that there are resource constraints and the benefits of controls must be considered relative to their costs. Because of the inherent limitations in all control systems, they cannot provide absolute assurance that all control issues and instances of fraud, if any, within the Company have been prevented or detected. These inherent limitations include the realities that judgments in decision-making can be faulty and breakdowns can occur because of simple error or mistake. Additionally, controls can be circumvented by the individual acts of some persons, by collusion of two or more people, or by unauthorized override of controls. The design of any system of controls is also based in part upon certain assumptions about the likelihood of future events, and there can be no assurance that any design will succeed in achieving its stated goals under all potential future conditions. Accordingly, because of the inherent limitations in a cost effective control system, misstatements due to error or fraud may occur and not be detected.

1.16 RISK FACTORS

The risk factors associated with the principal business of the Company are discussed below. Briefly, these include the highly speculative nature of the mining industry characterized by the requirement for large capital investment from an early stage and a very small probability of finding economic mineral deposits. In addition to the general risks of mining, there are country-specific risks associated with operations, including political, social, and legal risk.

Due to the nature of the Company's business and the present stage of exploration and development of its projects, the Company may be subject to significant risks. Readers should carefully consider all such risks set out in the discussion below. The Company's actual exploration and operating results may be very different from those expected as at the date of this MD&A.

Exploration and Mining Risks

Resource exploration, development, and operations are highly speculative, characterized by a number of significant risks, which even a combination of careful evaluation, experience and knowledge may not eliminate, including, among other things, unprofitable efforts resulting not only from the failure to discover mineral deposits but from finding mineral deposits which, though present, are insufficient in quantity and quality to return a profit from production. Few properties that are explored are ultimately developed into producing mines. Unusual or unexpected formations, formation pressures, fires, power outages, labour disruptions, flooding, explosions, cave-ins, landslides and the inability to obtain suitable or adequate machinery, equipment or labour are other risks involved in the operation of mines and the conduct of exploration programs. The Company will rely on consultants and others for exploration, development, construction and operating expertise. Substantial expenditures are required to establish mineral resources and mineral reserves through

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

drilling, to develop metallurgical processes to extract the metal from mineral resources, and in the case of new properties, to develop the mining and processing facilities and infrastructure at any site chosen for mining.

No assurance can be given that minerals will be discovered in sufficient quantities to justify commercial operations or that funds required for development can be obtained on a timely basis. Whether a mineral deposit will be commercially viable depends on a number of factors, some of which are:

- the particular attributes of the deposit, such as size, grade and proximity to infrastructure;
- metal prices, which may be volatile, and are highly cyclical; and
- government regulations, including regulations relating to prices, taxes, royalties, land tenure, land use, importing and exporting of minerals, and environmental protection.

The exact effect of these factors cannot accurately be predicted, but the combination of these factors may result in the Company not receiving an adequate return on invested capital.

The Company will carefully evaluate the political and economic environment in considering any properties for acquisition. There can be no assurance that additional significant restrictions will not be placed on the Company's projects and any other properties the Company may acquire, or its operations. Such restrictions may have a material adverse effect on the Company's business and results of operation.

First Nations

Our properties are located within First Nations asserted traditional territories, and the exploration and development of these properties may affect, or be perceived to affect, asserted aboriginal rights and title, which has the potential to manifest permitting delays or opposition by First Nations communities.

The Company is working to establish positive relationships with First Nations. As part of this process the Company may enter into agreements commensurate with the stage of activity, with First Nations in relation to current and future exploration and any potential future production. This could reduce expected earnings.

Future Profits/Losses and Production Revenues/Expenses

The Company has no history of operations and expects that its losses will continue for the foreseeable future. No deposit that has been shown to be economic has yet been found on the Company's projects. There can be no assurance that the Company will be able to acquire any additional properties. There can be no assurance that the Company will be profitable in the future. The Company's operating expenses and capital expenditures may increase in subsequent years as needed consultants, personnel and equipment associated with advancing exploration, development and commercial production of the Company's projects and any other properties the Company may acquire, are added. The amounts and timing of expenditures will depend on:

- the progress of ongoing exploration and development;
- the results of consultants' analyses and recommendations;

MANAGEMENT'S DISCUSSION AND ANALYSIS FOR THE THREE MONTHS ENDED JUNE 30, 2020

- the rate at which operating losses are incurred;
- the execution of any joint venture agreements with strategic partners; and
- the acquisition of additional properties and other factors, many of which are beyond the Company's control.

The Company does not expect to receive revenues from operations in the foreseeable future, if at all. The Company expects to incur losses unless and until such time as the projects the Company advances, or any other properties the Company may acquire, enter into commercial production and generate sufficient revenues to fund its continuing operations.

The development of mineral properties will require the commitment of substantial resources to conduct the time-consuming exploration and development of the properties. There can be no assurance that the Company will generate any revenues or achieve profitability. There can be no assurance that the underlying assumed levels of expenses will prove to be accurate.

Additional Funding Requirements

The Company has limited working capital as at the current reporting date.

Further exploration on, and development of, the Company's projects will require additional resources and funding. The Company currently does not have sufficient funds to fully develop these projects.

In addition, a positive production decision, if achieved, would require significant funding for project engineering and construction. Accordingly, the continuing development of the Company's properties will depend upon the Company's ability to obtain financing through debt financing, equity financing, the joint venturing of projects, or other means.

There is no assurance that the Company will be successful in obtaining the required financing for these or other purposes, including for general working capital.

Competitors in the Mining Industry

The mining industry is competitive in all of its phases, including financing, technical resources, personnel and property acquisition. It requires significant capital, technical resources, personnel and operational experience to effectively compete in the mining industry. Because of the high costs associated with exploration, the expertise required to analyze a project's potential and the capital required to develop a mine, larger companies with significant resources may have a competitive advantage over Amarc. Amarc faces strong competition from other mining companies, some with greater financial resources, operational experience and technical capabilities than those that Amarc possesses. As a result of this competition, Amarc may be unable to maintain or acquire financing, personnel, technical resources or attractive mining properties on terms Amarc considers acceptable or at all.

Risks That Are Not Insurable

Hazards such as unusual or unexpected geological formations and other conditions are involved in mineral exploration and development. Amarc may become subject to liability for pollution, cave-ins

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or hazards against which it cannot insure. The payment of such liabilities could result in increases in Amarc's operating expenses which could, in turn, have a material adverse effect on Amarc's financial position and its results of operations. Although Amarc maintains liability insurance in an amount which it considers adequate, the nature of these risks is such that the liabilities might exceed policy limits, the liabilities and hazards might not be insurable against, or Amarc might elect not to insure itself against such liabilities due to high premium costs or other reasons. In these events, Amarc could incur significant liabilities and costs that could materially increase Amarc's operating expenses.

Environmental Matters

All of the Company's operations will be subject to environmental regulations, which can make operations more expensive or potentially prohibit them altogether.

The Company may be subject to the risks and liabilities associated with potential pollution of the environment and the disposal of waste products that could occur as a result of its activities.

To the extent the Company is subject to environmental liabilities, the payment of such liabilities or the costs that it may incur to remedy environmental pollution would reduce funds otherwise available to it and could have a material adverse effect on the Company. If the Company is unable to fully remedy an environmental problem, it might be required to suspend operations or enter into interim compliance measures pending completion of the required remedy. The potential exposure may be significant and could have a material adverse effect on the Company.

All of the Company's activities are or will be subject to regulation under one or more environmental laws and regulations. Many of the regulations require the Company to obtain permits for its activities. The Company must update and review its permits from time to time, and is subject to environmental impact analyses and public review processes prior to approval of the additional activities. It is possible that future changes in applicable laws, regulations and permits or changes in their enforcement or regulatory interpretation could have a significant impact on some portion of the Company's business, causing those activities to become economically unattractive at that time.

Market for Securities and Volatility of Share Price

There can be no assurance that an active trading market in the Company's securities will be established or sustained. The market price for the Company's securities is subject to wide fluctuations. Factors such as announcements of exploration results, as well as market conditions in the industry, may have a significant adverse impact on the market price of the securities of the Company. Shares of the Company are suitable only for those who can afford to lose their entire investment. The stock market has from time to time experienced extreme price and volume fluctuations, which have often been unrelated to the operating performance of particular companies.

Conflicts of Interest

Certain of the Company's directors and officers may serve as directors or officers of other companies or companies providing services to the Company or they may have significant shareholdings in other companies. Situations may arise where these directors and/or officers of the Company may be in competition with the Company. Any conflicts of interest will be subject to and governed by the law applicable to directors' and officers' conflicts of interest. In the event that such a conflict of interest

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arises at a meeting of the Company's directors, a director who has such a conflict will abstain from voting for or against the approval of such participation or such terms. In accordance with applicable laws, the directors of the Company are required to act honestly, in good faith and in the best interests of the Company.

Payment of Dividends Unlikely

There is no assurance that the Company will pay dividends on its shares in the near future. The Company will likely require all its funds to further the development of its business.

Lack of Revenues; History of Operating Losses

The Company does not have any operational history or earnings and has incurred net losses and negative cash flow from its operations since incorporation. Although the Company will hope to eventually generate revenues, significant operating losses are to be anticipated for at least the next several years and possibly longer. To the extent that such expenses do not result in the creation of appropriate revenues, the Company's business may be materially adversely affected. It is not possible to forecast how the business of the Company will develop.

General Economic Conditions

Market conditions and unexpected volatility or illiquidity in financial markets may adversely affect the prospects of the Company and the value of its shares.

Risk Related to COVID-19

The current outbreak of COVID-19, and any future emergence and spread of similar pathogens, could have a material adverse effect on global and local economic and business conditions, which may adversely impact our business and results of operations and the operations of contractors and service providers. The outbreak has now spread to Canada where we conduct our principal business operations. Our plans to advance the exploration and development of our projects are dependent upon the Company's ability to secure project specific financing, as well as our ability to continue the work required once financing has been secured through our employees and our contractors. The progress of work on our projects has been delayed and may further be delayed due to the effects of COVID-19. In addition, our personnel may be delayed in completing the required work that we are pursuing in connection with this process due to quarantine, self-isolation, social distancing, restrictions on travel, restrictions on meetings and work from home requirements. The extent to which the coronavirus impacts our operations will depend on future developments, which are highly uncertain and cannot be predicted with confidence, including the duration of the outbreak, new information that may emerge concerning the severity of the coronavirus and the actions taken to contain the coronavirus or treat its impact, among others. Moreover, the spread of the coronavirus globally is expected to have a material adverse effect on global and regional economies and to continue to negatively impact stock markets, including the trading price of our shares as well as mineral commodity prices. These adverse effects on the economy, the stock market and our share price could continue to adversely impact our ability to raise capital, with the result that our ability to pursue exploration and development of our projects could be adversely impacted, both through

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delays and through increased costs. Any of these developments, and others, could have a material adverse effect on our business and results of operations and could delay our exploration and development plans for our projects.

Reliance on Key Personnel

The Company will be dependent on the continued services of its senior management team, and its ability to retain other key personnel. The loss of such key personnel could have a material adverse effect on the Company. There can be no assurance that any of the Company's employees will remain with the Company or that, in the future, the employees will not organize competitive businesses or accept employment with companies competitive with the Company.

Furthermore, as part of the Company's growth strategy, it must continue to hire highly qualified individuals. There can be no assurance that the Company will be able to attract, assimilate or retain qualified personnel in the future, which would adversely affect its business.

Changes in Federal and Provincial Government Rules, Regulations or Agreements, or Their Application, May Negatively Affect the Company's Ownership Rights, Its Access to or Its Ability to Advance the Exploration and Development of its Mineral Properties

The federal and provincial governments currently have in place or may in the future implement laws, regulations, policies or agreements that may negatively affect the Company's ownership rights with respect to its mineral properties or its access to the properties. These may restrain or block the Company's ability to advance the exploration and development of its mineral properties or significantly increase the costs and timeframe to advance the properties.